

Preconvention Institute—Thursday, November 2, 2017—1:00-4:00pm

Presenter: Dr Ken Smith

Title: “Helping Persons with Co-occurring Disorders: Assessment and Treatment Strategies for the Christian Social Worker”

Abstract: Persons with co-occurring disorders - those who suffer from co-existing mental health and substance use disorders - need skillful assessment and treatment. The workshop aims to assist direct service Christian social workers with specific tools and strategies designed to increase positive outcomes for these challenging clients. Particular focus will be given to evidence based “integrative” approaches as well as Christian spiritual approaches. In addition to the didactic material, case presentations will be discussed with audience participation invited.

Outline: Topics to be addressed and timeline within the presentation.

Hour one

1. Introduction/background
2. Prevalence/statistics
3. Combinations of co-occurring disorders
4. Mental Health Assessments:
 - A) Depression
 - B) Anxiety
 - C) Bipolar affective disorder
 - D) Schizophrenia
 - E) Personality disorders
 - F) Post-traumatic stress disorder
 - G) Assessing suicide risk

Hour two

1. Substance use disorders assessments
2. Types of SA use disorders:
 - A) Nicotine
 - B) Alcohol
 - C) Cannabis
 - D) Benzodiazepines
 - E) Opiates/Heroin
 - F) Cocaine
 - G) Other
3. Treatment: integrative approaches
 - A) Motivational interviewing (MI)
 - B) Cognitive behavioral (CBT)
 - C) Dialectical behavior therapy (DBT)

D) Community support/Assertive Community Treatment

Hour three

1. Spiritual assessments
2. Christian/Biblical approaches to MI/CBT/DBT
3. Christian social work interventions
4. Case discussions
5. Questions/wrap-up

Learning Objectives: *As a result of this presentation participants will be able to:*

- Articulate evidence based skills for assessing both the mental health and substance use symptoms of co-occurring disorder clients in conjunction with DSM V
- Describe evidence based intervention and treatment strategies for working with co-occurring disorder clients, with emphasis on the integrative approach
- Summarize and apply Christian spiritual faith oriented assessment and interventions for those clients with co-occurring disorders.

Primary Audience: Social workers and related professionals; social work students; human services professionals; clergy

Content Level: Basic/Intermediate

Number of Continuing Education Contact Hours: 3.0

Bio Information: Kenneth Smith is a North Carolina Licensed Clinical Social Worker, Licensed Clinical Addictions Specialist, and Certified Clinical Supervisor with more than 35 years clinical experience. He holds a Masters of Social Work degree from the University of Tennessee and Master of Theological Studies degree from Nations University. He has been an active member of NACSW for 40 years, serving on the NACSW Board of Directors from 1987-1990. He has presented numerous workshops at NACSW regional and national conventions, and has published papers and book reviews for Social Work and Christianity.

Ken currently serves as Clinical Coordinator for Community Mental Health at the Cape Fear Valley Hospital System in Fayetteville, NC.

Ken has a passion for integration evidence-based clinical practice with Biblical faith principles.

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