

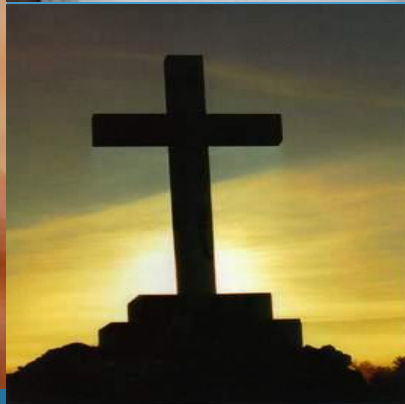


**MOTHERING, MENTORING, AND SEX-TRAFFICKING: WHAT DOES
ANY OF THIS HAVE TO DO WITH CHRISTIANITY?**

By: Lena Chavis, Ph.D.

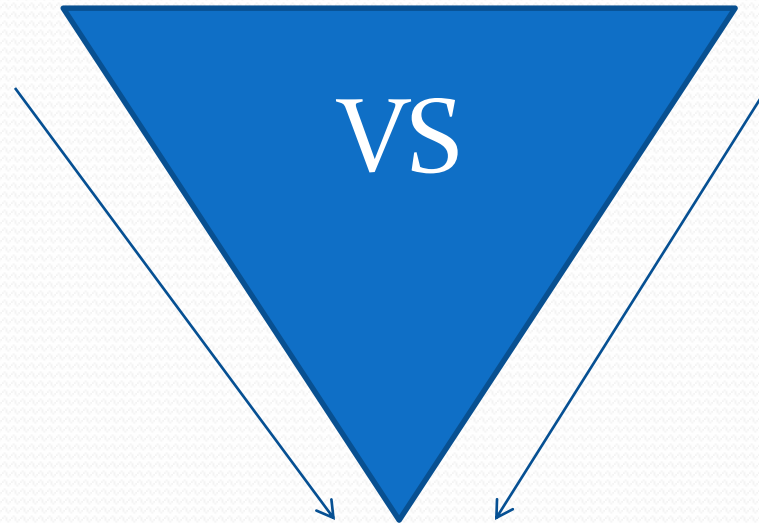
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Charlotte, NC**

Mothering, Mentoring, and Sex Trafficking: What does any of this have to do with Christianity?



Research Interests and Connections to Social Work

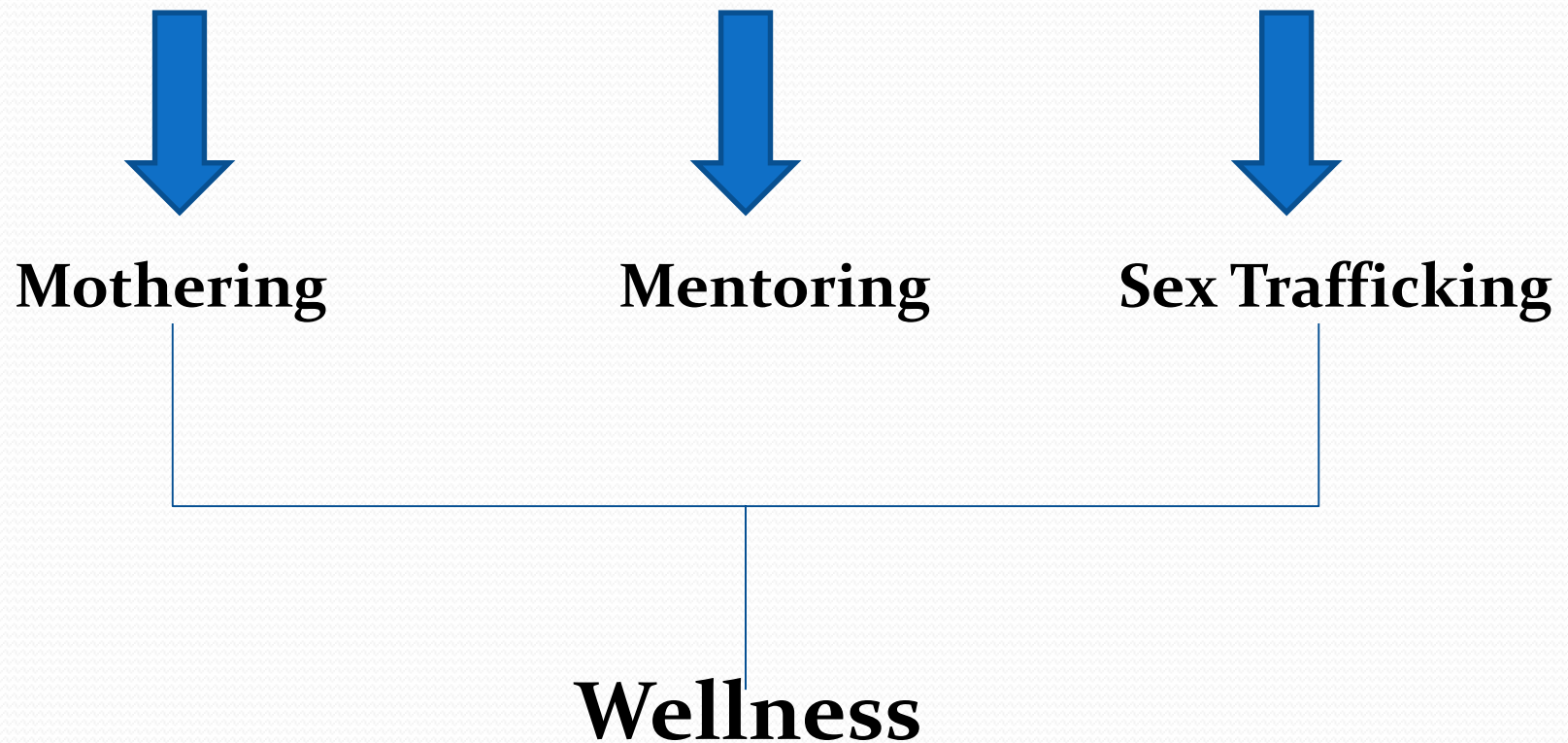
What we tell students in our field is possible



Faculty Expectations to have a “research area”

Research Interests and Connections to Social Work

Mental Health and Self-Efficacy



Mothering

Demographics of 116 mothers

- The mothers ranged from 20–40 years of age;
- the babies ranged from 1–23 months of age.
- 95% of the women were in a committed relationship or married and
- 94.9% were Caucasian;
- 85% of the women were college-educated or above (some or completed graduate study);
- 72% reported family annual income of \$50,000 or above;
- 81% reported working at least part-time.

Mothering



11.3% of the women reporting severe anxiety and
54.9% reporting moderate anxiety

(Chavis, 2016)

Mothering



(Chavis, 2016)

Mothering



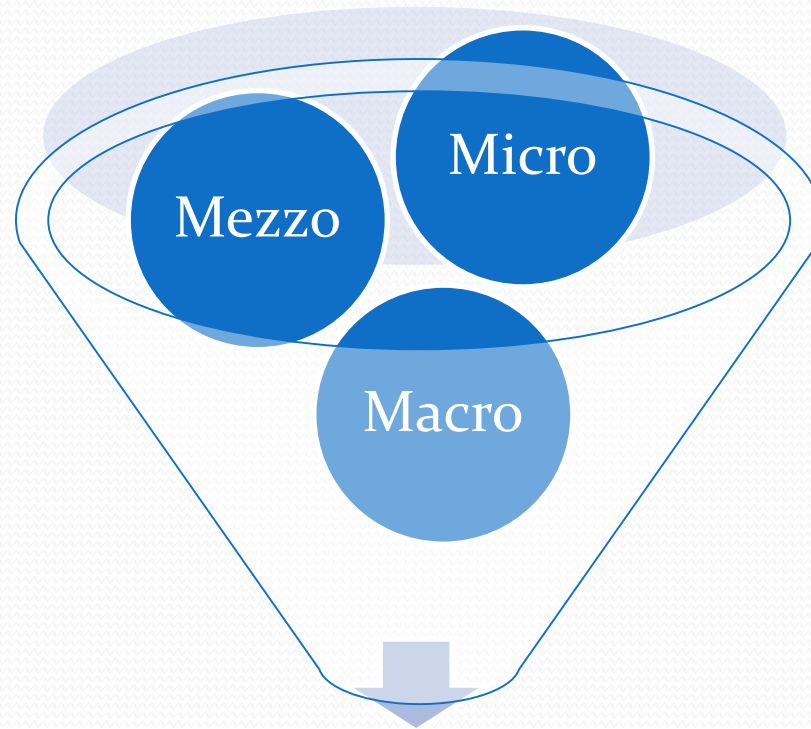
Chavis, 2014

Mothering



Chavis, 2014

Systems theory



Synergy

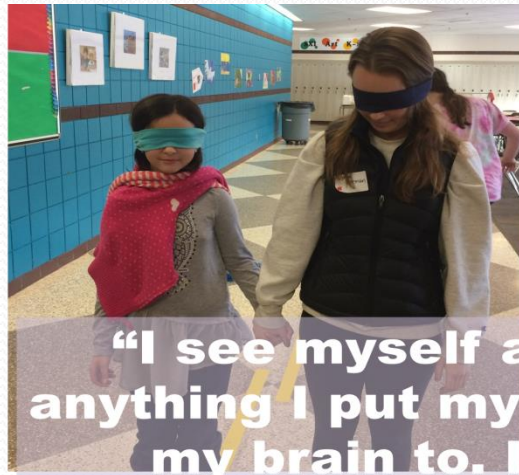
Mothering



CREW



Mentoring



“I see myself as capable to do anything I put my hard work and put my brain to. I see myself as BEAUTIFUL.”



Mentoring affects on Self-efficacy



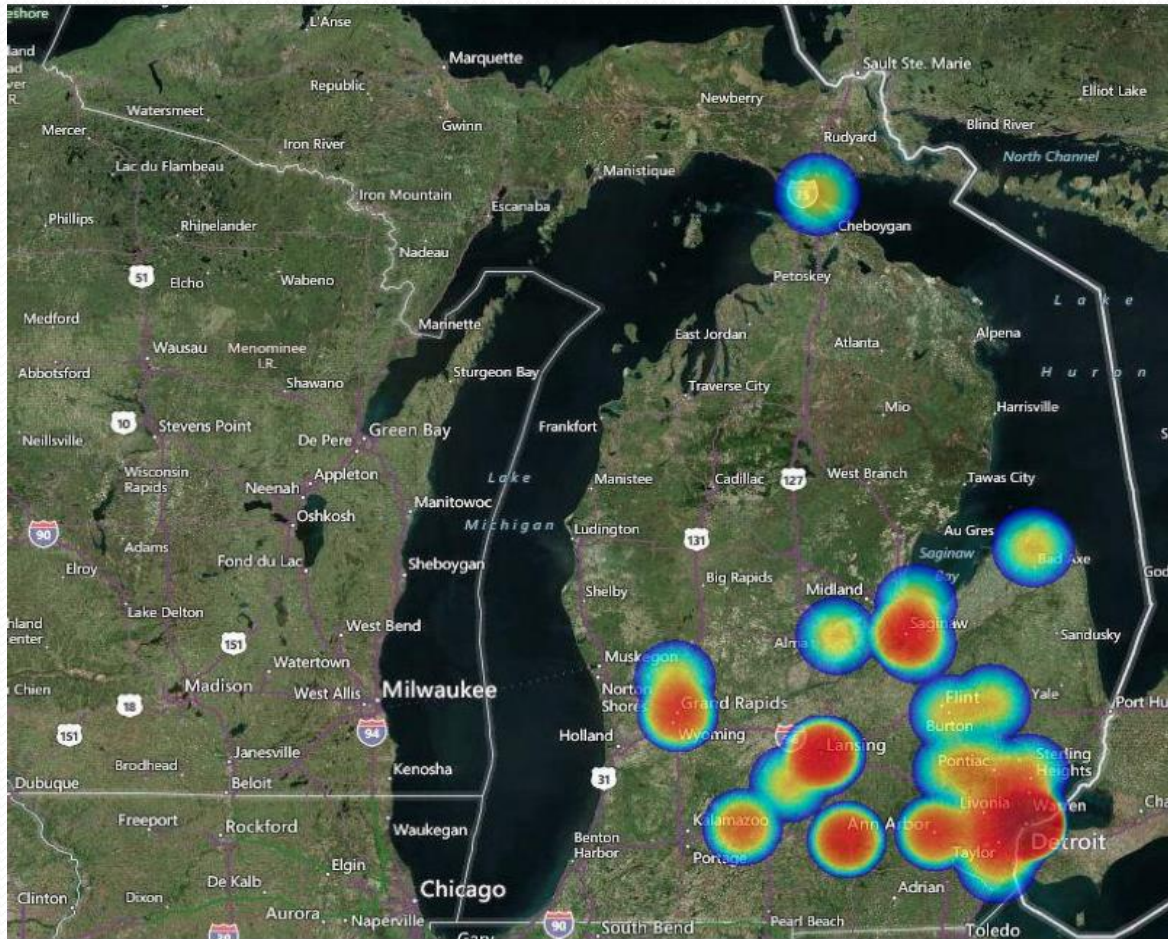
Improved self-concept

Improved grades

Improved social interactions

What is Self-efficacy

"the belief in one's capabilities to organize and execute the courses of action required to manage prospective situations." In other words, self-efficacy is a person's belief in his or her ability to succeed in a particular situation. Bandura described these beliefs as determinants of how people think, behave, and feel
(Bandura, 1994)



Sex Trafficking

Victims accessing help is the largest barrier

Number of Substantive Calls Received from Michigan: 529*

**This constitutes the 11th highest call volume of all 50 states and Washington D.C. in 2014.*

CALLER TYPE	# OF CALLS	% OF CALLS
Community Member	174	32.89%
Family of Trafficking Victim	57	10.78%
NGO Representative	53	10.02%
Victim of Trafficking	36	6.81%
Victim of Labor Exploitation	32	6.05%
Student	23	4.35%
Victim of Other Crime	20	3.78%
Other	20	3.78%
Faith-Based Representative	16	3.02%
Medical Professional	16	3.02%
Friend of Trafficking Victim	14	2.65%
Law Enforcement	10	1.89%
Government Official	9	1.70%
Not Specified	8	1.51%
Legal Professional	7	1.32%

This publication was made possible in part through Grant Number 90ZV0102 from the Anti-Trafficking in Persons Division, Office of Refugee Resettlement, U.S. Department of Health and Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Anti-Trafficking in Persons Division, Office of Refugee Resettlement, or HHS.

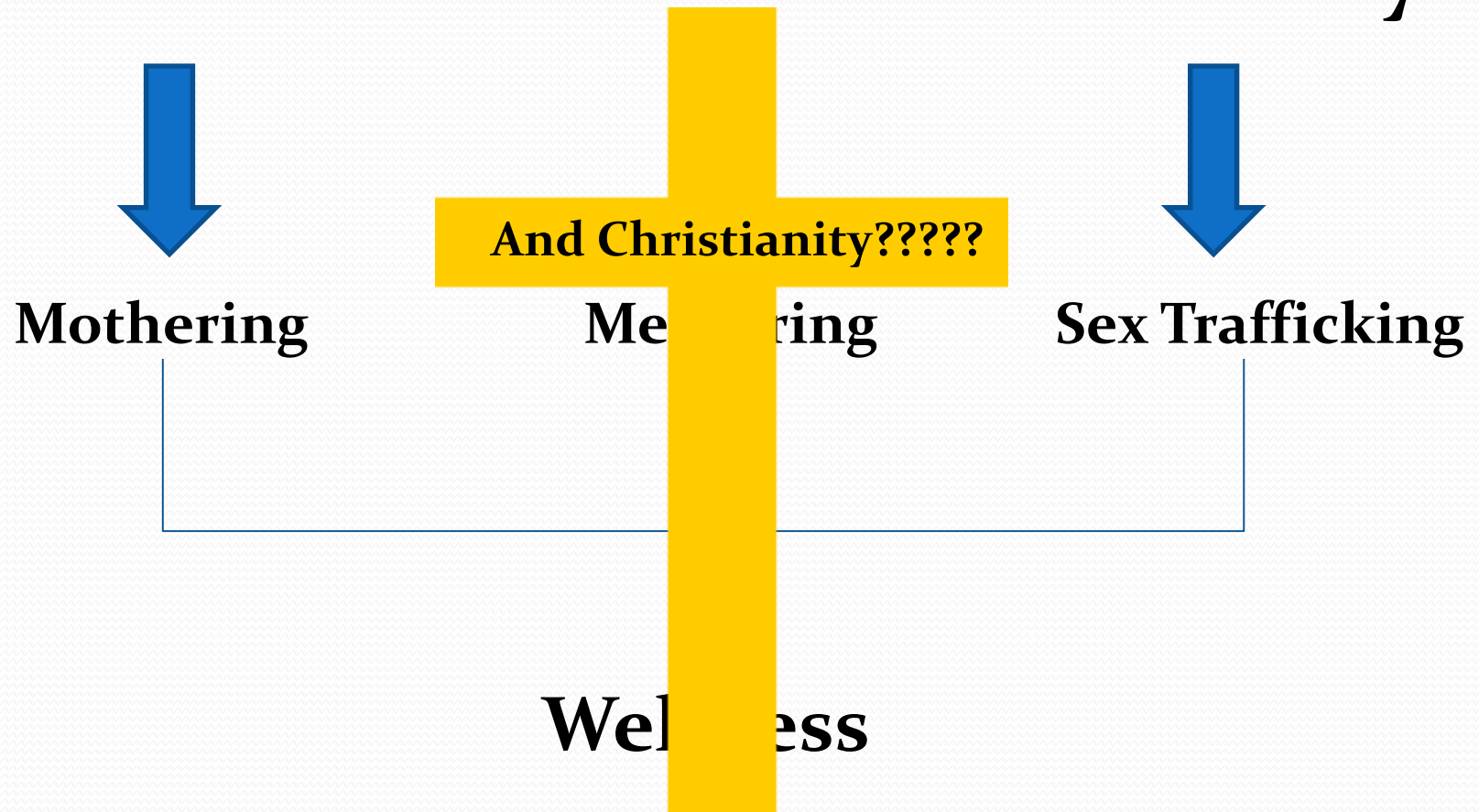
Self-Efficacy affects on human behavior

- When a person believes that they have previous experience that can inform a current or similar task, they have more confidence around their ability to achieve that task. The reverse is also true.
- Self-efficacy can improve an individual's self-perception of capability that help them to imagine their goals they pursue and to improve the control that they are able to exercise over their environment.
- Self-efficacy influences the choices people make and the course of action they pursue.
- People construct themselves as they are able based both on their inner resources and on social learning and defining themselves through interactions with others.
- Positive self esteem has been linked to positive psychological health

(Bandura, 1977) (Kegan, 1994)

Research Interests and Connections to Social Work

Mental Health and Self-Efficacy



The Bible and Self-Efficacy

“There are those on the opposite side of the spectrum that see the movement of self esteem as simply humanism taking over the church. They believe self esteem is simply pride in another garb. *Humility should be promoted, not self esteem*, the opponents say. They feel so strongly against self esteem, they view those who believe in it as workers of the devil.”

-Tom Brown

NASW Code of Ethics

- The mission of the social work profession is rooted in a set of core values. These core values, embraced by social workers throughout the profession's history, are the foundation of social work's unique purpose and perspective:
 - service
 - social justice
 - dignity and worth of the person
 - importance of human relationships
 - integrity
 - competence

Document for Accreditation

“A central tenet of the Christian faith is to be involved in the restoration of the relationship between people and their God and the people toward one another and their world. As Christ served through his model of resolving relationships between people and their environment, so too, must the Christian believer.”

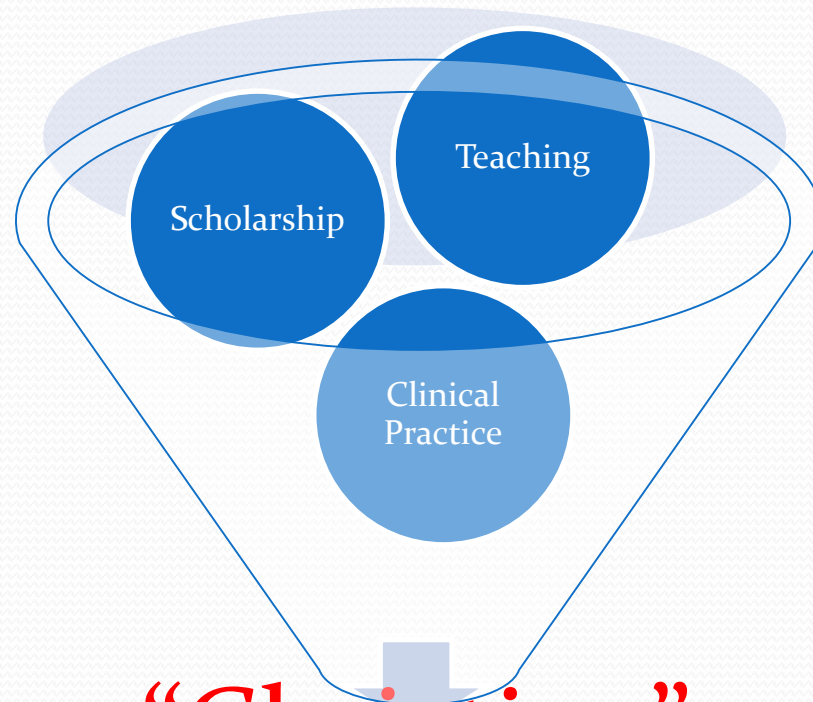
-Re-Accreditation document

Document for Accreditation

“In order for the students to most productively intervene with client systems and on behalf of their clients, to aid them in meeting their needs, and contributing to the restoration of relationships. Within this context, the Hope College mission states a commitment to develop in its members a sensitive concern for human justice.”

-Re-Accreditation document


Systems theory



**“Christian”
Synergy**

Beatitudes

- Matthew 5:3 Blessed are the poor in spirit: for theirs is the kingdom of heaven.
- Matthew 5:4 Blessed are they that mourn: for they shall be comforted.
- Matthew 5:5 Blessed are the meek: for they shall inherit the earth.
- Matthew 5:9 Blessed are the peacemakers: for they shall be called the children of God.



“Let your light so shine before
men, that they may see your good
works and glorify your Father in
heaven” (Matthew 5:16)

References

- Bandura, A. (1977). Self-efficacy: Toward a unifying theory of behavioral change. *Psychological Review*, 84, 191-215.
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- Kegan, R. (1994). *In Over Our Heads: The Mental Demands of Modern Life*. Harvard University Press.