



TEACHING CULTURAL COMPETENCE

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RESEARCH QUESTION

- Does taking a course in human diversity (a one-semester, 3 credit course) increase cultural competence among undergraduate students at a small, Christian, midwestern university?

HYPOTHESIS AND NULL HYPOTHESIS

- Null: Taking a one 3 credit course in human diversity does not increase cultural competence among undergraduate students at a small, Christian, midwestern university
- Hypothesis: Taking a one 3 credit course in human diversity does increase cultural competence among undergraduate students at a small, Christian, midwestern university

BACKGROUND

- Professor's personal and professional interest in topic
- Need to increase cultural competence of all students (Colby & Ortman, 2015)
- Limited cultural competence tools (other than specific to a field or populations) (Gierke, Binder, Heckmann, Odağ, Leiser, & Kedzior, 2018)
- Lack of understanding about how to increase cultural competence (Patterson, Papa, Reveles, & Rodríguez, 2018)
- Limited research exploring cultural competence through coursework (Spitzer, 2015)

LITERATURE

- Class-assigned service learning as a way to increase cultural competence (Spitzer, 2015)
- Well-designed pedagogical opportunities (at home university) may contribute more to the critical reflection regarding culture and intercultural competence development than attending classes with international students or participating in study abroad programs (Gierke, Binder, Heckmann, Odağ, Leiser, & Kedzior, 2018)
- Key aspects of multicultural competence can change in one semester from a variety of activities within and outside the classroom (Patterson, Papa, Reveles, & Rodríguez, 2018)

CLASS STRUCTURE

- Through in class and out of class activities, students are encouraged to go out of their comfort zones regarding:
 - Prejudice/Discrimination (and the origin of their beliefs)
 - Racism/Ethnocentrism
 - Cultural Diversity
 - Socioeconomic Status
 - Gender Stereotypes/Gender Identity/Gender Expression
 - Ageism
 - Immigration

METHODS

- Administered Cultural Intelligence (CQ) Quiz* (Livermore, 2009) at start of semester (n=56) as pre-test.
- Administered CQ Quiz (Livermore, 2009) Post Test (n=21).
- Coded and Entered data into SPSS
- Paired Sample t-Test were used to compare pre-test and post-test data

RESULTS

Paired Samples Statistics

| | | Mean | N | Std. Deviation | Std. Error Mean |
|--------|---------------|---------|----|----------------|-----------------|
| Pair 1 | knowledge1 | 33.76 | 21 | 12.103 | 2.641 |
| | Knowledge2 | 36.7143 | 21 | 15.05703 | 3.28571 |
| Pair 2 | Perseverance1 | 28.24 | 21 | 11.532 | 2.517 |
| | Perseverance2 | 34.2857 | 21 | 13.70089 | 2.98978 |
| Pair 3 | Behavioral1 | 16.57 | 21 | 7.540 | 1.645 |
| | Behavioral2 | 21.3810 | 21 | 7.61233 | 1.66115 |
| Pair 4 | Total1 | 78.19 | 21 | 27.809 | 6.069 |
| | Total2 | 91.0476 | 21 | 28.96977 | 6.32172 |

RESULTS

Paired Samples Test

| | | Paired Differences | | | 95% Confidence Interval of the ... |
|--------|-------------------------------|--------------------|----------------|-----------------|------------------------------------|
| | | Mean | Std. Deviation | Std. Error Mean | Lower |
| Pair 1 | knowledge1 - Knowledge2 | -2.95238 | 6.83722 | 1.49200 | -6.06465 |
| Pair 2 | Perseverance1 - Perseverance2 | -6.04762 | 6.05373 | 1.32103 | -8.80324 |
| Pair 3 | Behavioral1 - Behavioral2 | -4.80952 | 5.79326 | 1.26419 | -7.44659 |
| Pair 4 | Total1 - Total2 | -12.85714 | 9.74826 | 2.12724 | -17.29450 |

RESULTS

Paired Samples Test

| | | Paired ... 95% Confidence Interval of the ... | | | |
|--------|----------------------------------|---|--------|----|-----------------|
| | | Upper | t | df | Sig. (2-tailed) |
| Pair 1 | knowledge1 - Knowledge2 | .15989 | -1.979 | 20 | .062 |
| Pair 2 | Perseverance1 - Perseverance2 | -3.29200 | -4.578 | 20 | .000 |
| Pair 3 | Behavioral1 - Behavioral2 | -2.17246 | -3.804 | 20 | .001 |
| Pair 4 | Total1 - Total2 | -8.41979 | -6.044 | 20 | .000 |

IMPLICATIONS

- Social Work Education in General:
 - More research is needed due to small and convenience sample in one university
 - Students need more knowledge about cultural diversity in general
 - Tools are needed to better assess cultural competence
- Personal/Specific:
 - Continue teaching the class and considering additional opportunities (and/or year-long course) to increase students' cultural competence
 - Added a section at the end of the class... “Now what? Moving forward in increasing Competence” in hopes for the students to see this as life-long learning

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